



EMERGENCY MEALS

Friendship Park – Loaves & Fishes

Breakfast

1321 North C Street
Sacramento, CA 95811
(916) 446-0874

Hours: Monday through Friday 8 - 9:00 a.m. - Continental
Serves: Sacramento
Eligibility: Open
How to Apply: Walk-in

Daytime hospitality center in a park setting for homeless men, women and children. Light breakfast, recreation activities, short- and long-term locker storage, free telephones, library, shower, bathroom facilities, free ice and dog kennels for daytime use. Alcoholics Anonymous meetings, drug and alcohol counseling, poetry workshop twice a month. Sign up for services at the Service Center in Friendship Park.

Mary House – Loaves & Fishes

Breakfast

1321 North C Street
Sacramento, CA 95811
(916) 446-4961

Hours: Monday through Friday 8 - 9:00 a.m.
Serves: Sacramento
Eligibility: Women and Children (Children 0-18)
How to Apply: Walk-in

Glory Bound Street Ministry

Breakfast

4527 Parker Avenue
Sacramento, CA 95820
(916) 452-7078 Admin.
(916) 849 1571 Public
Contact: Albert Freeman

Hours: Sunday 10 - 11:30 a.m.
Serves: Open
Eligibility: All participants must attend church at 10:00 a.m. prior to receiving meal.
How to Apply: Walk-in

Wellspring Women's Center**Breakfast**

3414 Fourth Avenue
Sacramento, CA 95817
(916) 454-9688

Hours: Monday through Friday 7:30 – 11:30 a.m.

Serves: City of Sacramento, primarily Oak Park community, women with children of 16 years or younger.

Eligibility: Women, and children accompanied by their mothers

How to Apply: Walk-in

Drop-in center for poor women and children, primarily from the Oak Park community. Serves a light breakfast five mornings a week. Objective is to provide a safe, hospitable place for women to come for a respite from poverty. Seeks to raise the self-esteem of all female guests. Enrichment classes are offered to interested women, such as yoga, computer skills and poetry. Referrals to other agencies are given as needed.

Wind Youth Center**Breakfast**

701 Dixieanne Ave.
Sacramento, CA 95815
(916) 443-8333 Office

Hours: Monday through Friday 8 – 10:30 a.m.

Serves: Open

Eligibility: Homeless or at-risk adolescents ages 11 – 22

How to Apply: By referral or walk-in

Outreach to homeless and runaway teenagers living on the streets, in abandoned buildings, in camps, etc. Nurturing, hot meals, shower, laundry facilities and emergency clothing. Counseling and referral services. On-site case manager for assessment, independent study and preparation for GED or school referral and placement for employment. Referrals for medical and dental care. Opportunity for recreation and socialization.

Loaves & Fishes – Dining Room**Lunch**

1321 North C Street
Sacramento, CA 95811
(916) 446-0874

Hours: Monday through Friday 11:30 a.m. – 1 p.m.

Saturday 11 a.m. – 12:30 p.m.; Sunday 11 a.m. – 12:30 p.m.

Serves: Open

Eligibility: Open

How to Apply: Walk-in with lunch ticket obtained at Service Center in Friendship Park. Free hot lunch. Only women and children are allowed seating during the first hour.

Union Gospel Mission**Lunch**

400 Bannon Street
Sacramento, CA 95814
(916) 447-3268

Hours: Sunday 11 a.m. –noon; Lunch served noon - 1 p.m.
Serves: Open
Eligibility: All participants must attend chapel service at 11 a.m. prior to receiving meal.
How to Apply: Walk-in for chapel service

WIND Youth Center**Lunch**

701 Dixieanne Ave
Sacramento, CA 95815
(916) 443-8333 (Office)

Hours: Monday through Friday 12:05 – 12:45 p.m.
Serves: Open
Eligibility: Homeless or at-risk adolescents ages 11 - 22
How to Apply: By referral or walk-in

Outreach to homeless and runaway teenagers living on the streets, in abandoned buildings, in camps, etc. Nurturing, hot meals, shower, laundry facilities and emergency clothing. Counseling and referral services. On-site case manager for assessment, independent study and preparation for GED or school referral and placement for employment. Referral for medical and dental care. Opportunity for recreation and socialization.

Summer Lunch Program**Lunch**

6005 Folsom Blvd.
Sacramento, CA 95819
(916) 498-1000 Site information
(916) 808-3812 City Office

Hours: Days and hours vary by site
Serves: Sacramento
Eligibility: Children ages 1 – 18
How to apply: Call 2-1-1 Sacramento for site locations and days/hours

Glory Bound Street Ministry**Dinner**

4527 Parker Ave
Sacramento, CA 95820
(916) 452-7078 Admin.
(916) 849-1571 Public
Contact: Albert Freeman

Hours: Friday 6 – 7:30 p.m. and Sunday 5 – 6:30 p.m.
Serves: Open
Eligibility: Must attend church service Friday at 6 p.m. and Sunday at 5 p.m. prior to receiving meal
How to apply: Walk-in

2-1-1 Sacramento, a program of the Community Services Planning Council, is funded by First 5 Sacramento Commission, Sacramento Housing and Redevelopment Agency, Sacramento County Office of Emergency Services, County of Sacramento, Area 4 Agency on Aging, Sacramento Superior Court, Sacramento Employment and Training Agency, and grants from Bank of America, Internal Revenue Service, and Kaiser Permanente.

St. Ignatius Catholic Church – Sharing God’s Bounty **Dinner**

3235 Arden Way

Sacramento, CA 95825

(916) 482-9666 ext 217

Hours: 4th and 5th Wednesday; 6 – 7 p.m.

Serves: Open

Eligibility: Open

How to apply: Walk-in

Clothing, books, toiletries and an advice nurse are also available during the mealtime.

St. Lawrence Catholic Church – Sharing God's Bounty **Dinner**

4325 Don Julio Blvd.

North Highlands, CA 95660

(916) 332-4777

Hours: Thursday 5 – 6 p.m., doors open at 5 p.m.

Serves: Open

Eligibility: Open

How to Apply: Walk-in

No income requirements, address verification, or age limitations. Food bags distributed at 5 p.m. when available.

Union Gospel Mission **Dinner**

400 Bannon Street

Sacramento, CA 95814

(916) 447-3268

Hours: Seven days a week 8:30 p.m.

Serves: Open

Eligibility: Participants must attend chapel service 7:30 - 8:30 p.m. before meal

How to Apply: Walk-in