



CITY OF SACRAMENTO
COUNTY OF SACRAMENTO
Joint Media Release



FOR IMMEDIATE RELEASE
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Sacramento County Public Health

Public Health will not be holding a press conference today provided that no new information develops. If this changes, you will be notified.

Sacramento County Health Officer Dr. Glennah Trochet continues to recommend that you:

- Stay at home when you are sick with flu-like illness which means a fever of 100.4 degrees or higher, experience achiness, a sore throat and/or cough;
- Cover your cough or sneeze by using your sleeve or a tissue;
- Wash your hands frequently to prevent spreading illness.

PLEASE NOTE: The County and City of Sacramento encourage all residents to call 2-1-1 (or 1-800-500-4931) for all non-emergency questions and concerns about swine flu.

More information on swine flu can be found at www.scph.com. Twitter users can sign up to receive periodic messages and advisories at www.Twitter.com/SacPublicHealth.

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