

# EDUCATION RESOURCES FOR FAMILIES WITH CHILDREN 0 THROUGH 5 YEARS OF AGE



find help here  
A program of Community Services Planning Council

FOR ASSISTANCE, CALL 2-1-1 SACRAMENTO AT 2-1-1 OR (916) 498-1000.  
INFORMATION AND REFERRAL SPECIALISTS ARE AVAILABLE TO ASSIST YOU  
24 HOURS A DAY, 7 DAYS A WEEK.  
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## Childcare Resources

### **Child Action Inc**

**(916) 369-0191**

Child care resource and referral, child care subsidies, recruitment and training of child care professionals, parent education and support, and centralized eligibility list (CEL).

### **PACE Alternative Payment Program (PACEAPP)**

**(916) 262-4453 ext 222**

Helps income-eligible families become self-sufficient by helping to pay for childcare service. PACEAPP allows parents to select a child care provider of their choice that can best meet the developmental needs of their children.

### **SETA Head Start & Early Head Start Programs**

**(916) 263-3804**

Sacramento Employment and Training Agency programs provide income-eligible children and their families, including foster children, with childcare, education, medical care, social services, nutritious meals, and educational services.

## Parent Education Resources

### **Healthy Marriage Project**

**(916) 362-1900**

Affordable marriage and relationship education programs for the greater Sacramento area. Classes, training, and speakers available to foster healthy marriages and families.

### **Birth and Beyond Family Resource Centers (FRC)**

**Site Listings Below**

Free and voluntary family support home visitation and Family Resource Center services. Parenting groups, nutrition information, budgeting, health, immunizations, child development, community resources, and play and grow groups. All sites have Family Resource Centers where parents and children can access resources, join groups, and seek assistance.

<b>North Highlands FRC, 6015 Watt Avenue, Suite 2</b> .....	<b>(916) 679-3925</b>
<b>Rancho Cordova FRC, 10455 Investment Circle</b> .....	<b>(916) 361-8684</b>
<b>North Sacramento FRC, 1217 Del Paso Boulevard</b> .....	<b>(916) 679-3743</b>
<b>River Oak FRC, 4322 4<sup>th</sup> Avenue</b> .....	<b>(916) 244-5800</b>
<b>La Familia FRC, 5523 34<sup>th</sup> Street</b> .....	<b>(916) 452-3601</b>
<b>Valley Hi/Florin FRC, 7000 Franklin Boulevard, Suite 820</b> .....	<b>(916) 290-8281</b>
<b>The Firehouse FRC, 811 Grand Avenue, Suite A-3</b> .....	<b>(916) 927-7694</b>
<b>Meadowview FRC, 2251 Florin Road, Suite 158</b> .....	<b>(916) 394-6300</b>

Funding provided by:



## **School Readiness Resources**

### **SETA Head Start and Early Head Start Program**

**(916) 263-3804**

Sacramento Employment and Training Agency programs provide education, medical care, social services, and nutrition programs for children and their families. Half-day, extended, full-day options available, and a home based program.

### **Sacramento County Office of Education**

**(916) 277-5900**

Family support including educational guidance, information and assessment, specific to the child's unique needs; group activities with parent participation; and transition assistance as needs change.

### **Sacramento County School Districts' School Readiness Programs for Children 0-5**

The Sacramento area school districts listed below have a variety of programs for families of children 0 to 5 years of age. These include, but are not limited to, programs for: toddlers and preschoolers; transition to kindergarten; parent education; social services and medical intervention assistance.

<b>Elk Grove USD .....</b>	<b>(916) 686-7595</b>
<b>Folsom Cordova USD.....</b>	<b>(916) 861-0611</b>
<b>Galt Joint Union Elementary SD.....</b>	<b>(209) 744-4545</b>
<b>Natomas USD.....</b>	<b>(916) 561-5289</b>
<b>River Delta USD .....</b>	<b>(707) 374-1725</b>
<b>Robla SD .....</b>	<b>(916) 927-0136</b>
<b>San Juan USD .....</b>	<b>(916) 971-7375</b>
<b>Sacramento City USD.....</b>	<b>(916) 643-7800</b>
<b>Twin Rivers USD.....</b>	<b>(916) 566-1600</b>

*Funding provided by:*

