



...WHAT YOU NEED TO KNOW

FAST FACTS ABOUT HEPATITIS A

HEPATITIS A is a contagious liver disease caused by the **HEPATITIS A** virus (HAV).

The disease causes inflammation (swelling) of the liver that can last up to a few months.

Almost everyone recovers from **HEPATITIS A** with lifelong immunity but a small amount of people may die due to liver failure.

HEPATITIS A can be prevented by getting the vaccine and washing your hands regularly for at least 20 seconds.

WHAT PUTS YOU AT RISK FOR HEPATITIS A

Hepatitis A is spread by swallowing food or liquids contaminated with infected feces (poop).

Most infections result from close personal contact with an infected household member or sex partner.

SYMPTOMS OF HEPATITIS A



Fever



Fatigue



Nausea



Loss of appetite



Jaundice
(yellowing of the
skin or eyes)



Stomach
pain



Vomiting



Dark urine,
pale stools, and
diarrhea

YOU CAN PREVENT THE SPREAD OF HEPATITIS A

GET THE HEPATITIS A VACCINE.

WASH YOUR HANDS

with soap and water after using the bathroom or before preparing food.

NEVER SHARE

towels, toothbrushes, utensils
or other personal hygiene items.