FAST FACTS ABOUT HEPATITIS A

HEPATITIS A is a contagious liver disease caused by the HEPATITIS A virus (HAV).

The disease causes inflammation (swelling) of the liver that can last up to a few months.

Almost everyone recovers from HEPATITIS A with lifelong immunity but a small amount of people may die due to liver failure.

HEPATITIS A can be prevented by getting the vaccine and washing your hands regularly for at least 20 seconds.
WHAT PUTS YOU AT RISK FOR HEPATITIS A
Hepatitis A is spread by swallowing food or liquids contaminated with infected feces (poop).
Most infections result from close personal contact with an infected household member or sex partner.

SYMPTOMS OF HEPATITIS A
- Fever
- Fatigue
- Nausea
- Loss of appetite
- Jaundice (yellowing of the skin or eyes)
- Stomach pain
- Vomiting
- Dark urine, pale stools, and diarrhea

YOU CAN PREVENT THE SPREAD OF HEPATITIS A
GET THE HEPATITIS A VACCINE.
WASH YOUR HANDS
with soap and water after using the bathroom or before preparing food.
NEVER SHARE
towels, toothbrushes, utensils or other personal hygiene items.